



MPA Health Action Minutes

July 8, 2025, 1:00 – 2:30 pm

Zoom - <https://zoom.us/j/94265965169?pwd=bohnXq8dLb8E7yTX8Mj1RN2NSvL0ZC.1>
or in person at 5401 Old Redwood Hwy

Attendees: Andrea Garfia, Cheryl Jern, Leigh Andrews, Nichole Warwick, Sara Avery, Suzanne Edwards, Benjamin Spierings, Railey Album, Jessica Galindo, Tracey Rose

1:00 Welcome

- Updates

1:10 Results Based Accountability: Integrating hot roots

- Adopted Results Statement: All older adults and people with disabilities receive the health and social supports they need to flourish.

1:25 Mountain, Treeline, Valley: Brainstorming actions, programs, and policies

- Team members began brainstorming ideas to address the following hot root:
 - Cultural Norms & Perception: We are less likely to trust someone that doesn't look like us (age/race) or that doesn't have a degree (peer).

2:30 Closing

Meeting Outcomes:

- Team members were introduced to Results Based Accountability and adopted Results Statement
- Team members began a broad list of possible actions to address prioritized strategy and hot roots