

Staff Report

Maternal Child Adolescent Health (MCAH) Advisory Board

Advisory to the County of Sonoma Board of Supervisors

Dental/Oral Health	<ul style="list-style-type: none">• The Dental Health Network (DHN) will meet again on April 16th at 12:30-1:30 pm via Zoom. We will continue discussing updating the community oral health improvement plan and DHN strategic planning goals and objectives for 2027-2030. Contact Nicole.Bonkrude@sonomacounty.gov for meeting information.• Oral health program staff attended the statewide meeting to discuss the next local oral health program grant guidance and start planning for the grant application for 2027-2030 funding.• We partner with community health workers and partner agencies to share dental education and prevention resources. Contact us if you are interested in partnering to distribute oral health books, coloring sheets, or dental kits for children Nicole.Bonkrude@sonomacounty.gov.
Healthy Eating, Active Living (HEAL)	<ul style="list-style-type: none">• The Healthy School Meals Coalition meets the 2nd Tuesday of the month at 1:00-2:30pm on Zoom. Contact Laurel.Chambers@sonomacounty.gov for more information.• With SNAP-Ed (CalFresh Healthy Living) funding ending at the end of April, the HEAL team is working on transitioning Healthy Apple Program administration to 4Cs. HEAL team is leading train-the-trainers to empower 4Cs coaches to lead Healthy Apple trainings and continue to support early child care providers. Last month, 4Cs coaches led an ECE Physical Activity Training to Healthy Apple Program participants. Child care providers learned fun physical activities and received equipment to take back to their sites.• The HEAL Team partnered with the University of California Cooperative Extension's Master Gardener program to conduct a container garden train-the-trainer workshop for 4 Healthy Apple sites. Each site received training and materials to conduct their own container gardening workshops with families at their sites.



Home Visiting

- In March, we welcomed a new Public Health Nurse, Cecilia Contreras, to our Nurse-Family Partnership program. Cecilia was previously an intern with Home Visiting while a nursing student at Sonoma State University and we are thrilled to have Cecilia back with us as a case manager.
- Our Trauma-Informed Approach Public Health Nursing (TIA PHN) team organized a training this month on trauma and attachment with TIA PHN colleagues from San Francisco Department of Public Health and Napa County. We were honored to host the esteemed Dr. Alicia Lieberman, Director of the Child Trauma Research Program at San Francisco General Hospital and developer of Child-Parent Psychotherapy, an evidence-based treatment for children 0-5 impacted by trauma. It was a tremendous opportunity to build skills in working with families impacted by trauma and collaborate across teams on case reviews.

Tobacco/ Nicotine Prevention & Enforcement (Impact Sonoma)

- In addressing the growing problem of nitrous oxide being used for intoxication that can lead to addiction and other health-related harm, the tobacco team is addressing sales occurring in retail locations, especially smoke shops. The Health Department has informed retailers that selling in this way is illegal by sending a [letter](#) to tobacco retailers throughout the county. This is an important message to share with the community.
- Tobacco-Free Sonoma County (TFSC), an independent community coalition, is taking action to pass new tobacco retail policies in the cities of Rohnert Park and Cotati. They ask that you join them in this effort. Do you know residents and people who work in these cities who can lend their voice, their stories, and passion to push back on tobacco's heavy influence in the community? We'll match them up with a coalition member who can share opportunities for action. For those less experienced with engaging in public policy, there's lots of support and coaching provided.

	<ul style="list-style-type: none"> The next full TFSC coalition meeting is on June 10, 2 -4th pm and all are welcome. Contact Emily.GonzalezDemont@sonomacounty.gov. <i>Impact Sonoma provides backbone support to the Coalition but is not a voting member.</i>
MCAH Planning & Coordination	<ul style="list-style-type: none"> In March, Perinatal Services Coordinator, Lucy Tyralla along with doula Tiffany Lacey hosted a hybrid introductory Medi-Cal doula training. 8 doulas new to our training were in attendance. She also coordinated a meeting with Kaiser’s Public Relations team, Inpatient OB, Program Management, and Health Education leadership so our home visiting leadership team could present about the three home visiting programs they offer. The goal of this meeting was to strengthen our partnership with Kaiser and, in turn, increase their referrals to our programs that have seen a decline this past year. This Friday Lucy will co-host the first installment of the Learning Collaborative series for Black and African American doulas with Tiffany Lacey training on the Ethics and Boundaries of Doula Care. The training will be virtual. 2 additional trainings are scheduled for April and May.
Women, Infants & Children (WIC)	<ul style="list-style-type: none"> New WIC Food Package: The new food package that includes recommendations from the National Academies of Sciences, Engineering, and Medicine (NASEM) will start on April 13th. Changes include the addition of canned fish for parents and children, option for less juice, and more options for cow’s milk alternatives. Staff currently are being trained and getting ready for the transition.
Shared Risk & Protective Factors	<ul style="list-style-type: none"> The time has come! On April 22nd, the Health To Go vending machine project will be expanding to a total of 7 machines! The four additional machines will be placed at the following sites, all offering 24/7 access to supplies: People Services Center- Rohnert Park Sonoma County Libraries: Sonoma Valley, Petaluma, and Roseland

Brittany Lobo
MCAH Director
Office: 707-565-6671
Email: brittany.lobo@sonomacounty.gov

Janette Allee
MCAH Admin Aide
Office: 707-565-4494
Email: janette.allee@sonomacounty.gov