

**SONOMA COUNTY MENTAL HEALTH BOARD:**  
**TRAINING BY ZOOM FOR 12/3/2022 FROM 9:00 A.M. TO 3 P.M.**

**Please click the link below to join the webinar:**

<https://sonomacounty.zoom.us/j/94358911146?pwd=b1g3dFR2WjVoK2RyMXZjeTBjUHJQdz09>

Passcode: **710426**

Phone in: **1-669-444-9171**

Webinar ID: **943 5891 1146**

Passcode: **710426**

**AGENDA:**

**BRIEF INTRODUCTIONS**

Susan Morris Wilson - Presenter

Jan Cobaleda-Kegler – Behavioral Health Division Director

Peterson Pierre – Chair, District 1

Bob Cobb – District 4

Connie Peterit – District 4

MaryAnn Swanson – District 2

Michael Reynolds – District 2

Missy Jackson – District 1

Nichole LeStrange – District 5 prospective member

Sarah Reidenbach – District 5

**AGENDA REVIEW**

- Review the training for the day
- Review the handouts for the day
- Discuss training options by Zoom

**BOARD RESPONSIBILITIES AS OUTLINED IN WIC 6504.2.**

Use handout of WIC 6504 plus notes on specific areas of responsibility:

Use handout of Practical Application: Annual

Report Use handout of Practical Application:

Data Notebook

- (1) Review and evaluate the community's public mental health needs, services, facilities, and special problems in any facility within the county or jurisdiction where mental health evaluations or services are being provided, including, but not limited to, schools, emergency departments, and psychiatric facilities. (This will include a discussion of site visits: see notes that follow)
- (2) Review any county agreements entered into pursuant to Section 5650. The local mental

health board may make recommendations to the governing body regarding concerns identified within these agreements.

- (3) Advise the governing body and the local mental health director as to any aspect of the local mental health program. Local mental health boards may request assistance from the local patients' rights advocates when reviewing and advising on mental health evaluations or services provided in public facilities with limited access. (This will include a discussion of how to engage the BOS)
- (4) Review and approve the procedures used to ensure citizen and professional involvement at all stages of the planning process. Involvement shall include individuals with lived experience of mental illness and their families, community members, advocacy organizations, and mental health professionals. It shall also include other professionals that interact with individuals living with mental illnesses on a daily basis, such as education, emergency services, employment, health care, housing, law enforcement, local business owners, social services, seniors, transportation, and veterans.
- (5) Submit an annual report to the governing body on the needs and performance of the county's mental health system.
- (6) Review and make recommendations on applicants for the appointment of a local director of mental health services. The board shall be included in the selection process prior to the vote of the governing body.
- (7) Review and comment on the county's performance outcome data and communicate its findings to the California Behavioral Health Planning Council.
- (8) This part does not limit the ability of the governing body to transfer additional duties or authority to a mental health board.

#### **MANAGING A MEETING WITH THE BROWN ACT:**

- **Discussion of the Brown Act**
  - Focus on public comment management
  - Focus on serial meetings
  - Focus on new requirements in the Brown Act
- **Discussion of Robert's Rules/meeting management**
  - Discussion of how to do the minutes
  - Discussion of how to do a motion (and manage the conversation/discussion)
  - Discussion of how to stop debate on a motion

## GOALS FOR 2023:

### SONOMA COUNTY MENTAL HEALTH BOARD: MY NOTES/THOUGHTS ON ISSUES FOR 2023

#### BOARD DEVELOPMENT: Building a stronger, more effective board

- Encourage consistent attendance by board members
- Encourage Board of Supervisors members to consider diversity in their District when appointing new members
- Restructure meetings to encourage conversation/discussion on issues
- Consider agenda items that encourage participation by stakeholders/providers that represent their particular interests.
- Establish a relationship with the Patient Rights Advocates in the County to learn more about their work and to support their work.
- Establish a relationship with local programs of special interest and acknowledge their success. This might include asking them to make a presentation to your board and then inviting yourselves to visit the facility. It might include arranging tours of different programs/facilities of special interest.

#### ENGAGEMENT WITH THE BOARD OF SUPERVISORS (BOS):

- Board members meet regularly (as yet undefined) with their appointing BOS District Supervisor/staff
- Board submits and presents the Annual Report (information to be determined) to reflect the work of the Board
- Board submits and presents the Data Notebook (DN), when completed by the Board/staff. to reflect the work of the Board; this may be particularly important this year as the theme of the DN is "stakeholders".
- Board supports the Mental Health Director in discussions with the BOS as appropriate. Specific topics mentioned included the use of peer specialists throughout the county, attention to issues of youth in the County, how they are currently served and what possible improvements might benefit the youth.

#### FOCUS ON THE ROLE OF ALL STAKEHOLDERS INVOLVED IN MENTAL HEALTH SERVICES:

- Develop processes that solicit input from the individuals with lived experience, their families and the wide variety of service providers who work with them.
- Assure that stakeholders are welcome and accommodated as necessary at board meetings.
- Focus on the provisions in MHSA planning that require stakeholder input and assure that they are welcome and accommodated at all meetings.
- Become familiar with programs throughout Sonoma County.

#### OTHER ITEMS OF INTEREST:

- Design Annual Report to meet your needs for reporting to the BOS
- Complete the Data Notebook as a Board in partnership with the department staff on a timely basis and submit to the CA Behavioral Health Planning Council AND present to the BOS

Next step for tackling these; assign people to each of these at the next meeting based on who is most passionate about it. If no-one volunteers, then remove it from the goals. End up with only three main objectives, if possible, but absolute maximum of five.