Crisis Stabilization Unit (CSU) Nursing Assessment Procedures

Issue Date: 10/2025

Procedures for Policy: 7.4.3 Crisis Stabilization Unit (CSU) Medical Assessment

Procedures

All clients receiving services at the Crisis Stabilization Unit (CSU) must receive a Nursing Assessment conducted by a registered nurse (RN), licensed vocational nurse (LVN), or licensed psychiatric technician (LPT).

The following procedure outlines the steps for completing the comprehensive Nursing Assessment, including the various tabs, in SmartCare for clients in the CSU. All aspects of the Nursing Assessment outlined below must be completed. If unable to complete any elements of the Nursing Assessment, clearly document the reason the information was not obtained within the form in the Summary Note section.

1. Displaying the Nursing Assessment Page

    a. With an active client selected, click the Search icon.

    b. Type ‘Nursing Assessment’ into the search bar.

    c. Click to select *Nursing Assessment (Client)*

    d. The assessment screen will open. If a previous assessment exists, a PDF copy of the last completed assessment will be displayed.

2. Creating a New Nursing Assessment

    a. From the Nursing Assessment page, select the *New icon* to open a new assessment

3. Completing the General Tab

    a. Complete the required fields in the *Demographics section*. Checkboxes for *Client Check with Clothing/Pockets and Body Search Completed with RN*, as well as the *Witness field*, will only initialize if *Is this Client Inpatient* is set to *Yes*.

    b. Select the *Save* icon and navigate to the next tab.

4. Completing the Vitals Tab

    a. Select the *Vitals* tab.

    b. Complete required fields in each section by importing the most recently completed vitals flow sheet. Click the *Open Vitals Flow Sheet* button to complete one, if needed.

    c. Select the *Save* icon and navigate to the next tab.

5. Completing the Allergies Tab

    a. Select the *Allergies* tab.

    b. Complete required fields in each section by importing *Allergies and Current Medications* from *CalMHSA RX*. For more information, see *CalMHSA RX* training. Optionally, add comments.

    c. Select the *Save* icon and navigate to the next tab.

6. Completing the Systems Tab

    a. Select the *Systems* tab.

    b. Complete required fields in each section by selecting a radio button for each system, then selecting relevant checkboxes for each system where symptoms are present. Optionally, complete comments fields.

    c. Select the *Save* icon and navigate to the next tab

7. Completing the D&A Tab

    a. Select the *D&A* tab.

    b. Complete required fields in each section. For the *Substance Use* section, select a checkbox beside each general statement that the client indicates is true and if applicable, select a radio button for Client has a history of withdrawal symptoms. Optionally, add comments.

    c. For the *History and Current Use of Substances* section, select the checkbox beside each drug or drug category the client uses. Select the *Family Hx* button to add a family history, if applicable. Type Age of First Use and select a frequency and route from the dropdowns. Type or select a *Date Last Used*, indicate if the drug was initially prescribed by selecting the checkbox for drugs that were initially prescription drugs, and enter a numeral in the *Preference* field.

    d. Select the *Save* icon and navigate to the next tab.

8. Completing the Nutrition Tab

    a. Select the *Nutrition* tab.

    b. Complete required fields in each section by selecting radio buttons, entering text in text box fields, and selecting checkboxes for appropriate needed referrals.

    c. Select the *Save* icon and navigate to the next tab.

9. Completing the Crisis Management Tab

    a. Select the *Crisis Management* tab.

    b. Complete required fields in each section. Fields will only initialize if you set *Is client in Inpatient, C&A Residential, or C&A Day Hospital?* to Yes. Once initialized, select Radio Buttons, check appropriate checkboxes, and enter comments in comments in text fields where appropriate

    c. Select the *Save* icon and navigate to the next tab.

10. Completing the Pain Tab

    a. Select the *Pain* tab.

    b. Complete required fields in each section. *Pain Location* assessments will only initialize if 'Yes' is selected for either, *Do you currently have pain?* or *Have you had pain in the past 2 months?* Select from dropdowns, enter text in fields, and select appropriate checkboxes.

    c. Select the *Save* icon and navigate to the next tab.

11. Completing the Edmonson Psychiatric Fall Risk Assessment Tool Tab

    a. Select the *Edmonson Psychiatric Fall Risk Assessment Tool* tab.

    b. Complete required fields in each section. Select all applicable checkboxes. The score will update automatically at the top of the assessment tool. A score over 90 indicates a risk of falling.

    c. Select the *Save* icon and navigate to the next tab.

12. Completing the Sexual Patterns Tab

    a. Select the *Sexual Patterns* tab.

    b. Complete required fields in each section. The *In Past/Currently* radio buttons, only initialize if the *Has client ever been sexually active?* question is set to *Yes*. The birth control dropdown selector only initializes if the *Is client using birth control?* question is set to *Yes*.

c. Select the *Save* icon and navigate to remaining tab or *sign* the assessment.

13. Completing the Summary Tab

    a. On the *General* tab, ensure that the *'Is this client Inpatient?'* radio button is set to Yes.

    b. Select the Summary tab.

    c. Complete required fields in each section. Enter text in the *Narrative* box or select the *Unable to Complete Assessment*. Check each *Facilities* checkbox that has been completed.

    d. Select the *Save* icon and navigate to remaining tab or *Sign* the assessment.

Forms

None

Attachments

None