

How to find a local EAP provider with specialty experience (First Responder is the example given below):

Option 1: Search on LiveandWorkWell.com (Call 866-248-4096 first to obtain an authorization code to give the provider.)

1. Go to <http://www.liveandworkwell.com>. (select “browse as guest” and SONOMA is the password)
2. Click **Find Care** and type in the search bar:
Example: Therapist / Sonoma County, CA or enter a ZIP code.
3. Under **Showing Results for Therapist in Behavioral Health**, click **View All**.
4. Click **Filter**:
 - Set **Distance** to *25 miles*.
 - Under **Area of Expertise**, scroll down and select **First Responder**.
 - Click **Show Results**.
5. Find **Sort** (top right) and change from *Relevance* to **Closest and select sort**.
6. You’ll now see providers within a 25-mile radius who specialize in first responder care.

Option 2: Call the County of Sonoma EAP Line

- Dial **1-866-248-4096**.(select prompt 2)
- When connected to an intake representative:
 - Provide your information.
 - Request a **First Responder Provider Search**.
This means EAP counselors will research providers accepting new patients and can provide open appointment times upon request.

Option 3: Use the Chat Feature

- On <http://www.liveandworkwell.com>, use the **Chat** option.
- Answer a few questions, and an intake representative will assist in finding care.