

Resource Hub				
Org/Group Name	Topic	Notes		
211 Resources	All CA resources, personalized or general	https://211.org/	24 Hour 211	
Latino Service Providers	Community Resource Binder	English version Spanish version		
Commission on Status of Women	General Resource List	https://drive.google.com/drive/search?q=community%20resources		
Legal Aid of Sonoma County	Tenant Resources	https://legalaidsoc.org/tenant-resources/		
Rapid Response Network	Immigration/ICE reporting	https://www.northbayop.org/nbrm	24 HOUR HOTLINE: 707-800-4544	
Nami Mental Health Warmline	General or specific support	https://namisonomacounty.org/warmline/	866-960-6264 or info@namisoco.org .	
Follow us on:				
Instagram:	Commission on Human Rights @socochr	Youth Commission on Human Rights @socojchr		
Facebook	https://www.facebook.com/SonomaCountyCommissionOnHumanRights/			
Commission Website	https://sonomacounty.gov/administrative-support-and-fiscal-services/human-resources/boards-commissions-and-committees/commission-on-human-rights			
Resources for Disruption of CalFresh Benefits				
Food Distribution Sites getfood.refb.org				
Text FOOD to (707) 353-3882				
opendoorssc.com/findfood				
Call 2-1-1				
For Sonoma County Distribution Sites: Text "Food" to (707) 353-3882				
Emergency Support of CalFresh EBT cardholders: Propel- https://www.propel.app .				
Ceres Community Project- accessibility delivery (pending more info)				
West County Community Services (pending more info)				
Senior Center Guerneville - free food on Wednesdays from Whole Foods, Raley, and Safeway				
West County Community Services (pending more info)				
Instacart: \$50 off any bill.				

Volunteering & Community Engagement			
Volunteer	City	Notes	
Sonoma County Commission on Human Rights Sonoma County Commission on the Status of Women Homelessness Coalition	Meet in Santa Rosa Meet in Santa Rosa Meet in Santa Rosa	Can volunteer with projects or apply to be a Commissioner Can volunteer with projects or apply to be a Commissioner Specific volunteer qualifications	
Ceres Volunteer Food to Pantry Redwood Gospel Mission Random Acts of Kindness Redwood Food Bank CQTS	Multiple Locations Multiple Locations Santa Rosa Santa Rosa Multiple Locations Petaluma	Food services Volunteer to pick produce, can take produce bag home Annual thanksgiving banquet (volunteers needed) Annual thanksgiving banquet (volunteers needed) Accepts volunteering and food donations Accepts volunteering and food donations	
Daily Acts Land Paths Armstrong Redwood Forest Creek Stewardship	Petaluma Multiple Locations Guerneville Santa Rosa	environmental focus Community garden plots, volunteering opportunities	
North Bay Organizing Project	Multiple Locations	Multiple project task forces to support	
Children's Museum MentorMe Boys & Girls Club Alphabet Soup Thrift Store Corazon Healdsburg Neighbors in Need Healdsburg Sonoma Valley Opportunities	Santa Rosa Petaluma Multiple Locations Petaluma Healdsburg Healdsburg Sonoma Valley	Variety of resources	
Sonoma County Main Hub Volunteer & Internship List Find Volunteer Opportunities SBJC Volunteer Links Volunteer Match			
Learning + Volunteering Harvest Cafe CLEAN Committee Calendar	Sebastopol	Wonderful cafe, meals prices at \$10-12, ran by seniors	https://www.sebastopolseniorcenter.org/volunteer-1-2
General Mentor Me Oppt Sonoma Mission Sonoma County Regional Parks List of Museums in SC Calendar			
AIM Ideas: mental health research support AIM Volunteer			

Internships and Learning				
Internships • Mentoring Opportunities				
	City	Notes		Notes
Landpaths	multiple locations	internship + volunteer		
Human Resources Sonoma County	multiple locations			
Volunteer & Internship List	multiple locations			
DALE Mentor	Santa Rosa	opens occasionally		
Latino Service Providers	Santa Rosa			
Conservation Corps	multiple locations			
Learning Opportunities				
Daily Acts (Environmental)	Petaluma			
Bluezones Wellbeing Calendar	Petaluma			
North Bay Organizing Project - Legal Observer Trainings	TBA	To support undocumented folks in Sonoma Co.		
Free CPR Training & Certification	online			
Sovereign Bodies Institute Webinars (Indigenous & Missing Murdered Indigenous Women & Girls/ MMIWG)	online			
Human Rights Pre-recorded Webinars	online			
Human Rights Educators USA (monthly webinars and recorded sessions)	online			
Free Online Harvard Classes (self-paced)				
We the People: Civic Engagement in a Constitutional Democracy	online			
American Government: Constitutional Foundations	online			
U.S. Public Policy: Social, Economic, and Foreign Policies	online			

Places to Donate			
<i>All may be open to monetary donations as well.</i>		Please contact orgs directly for more info	
Name	City	Website	Notes
PPSC Mentor Me	Petaluma	https://petalumapeople.org/youth	Accept food, clothing, item and volunteer time donation at Cavanagh Recreation Center
COTS	Petaluma	https://cots.org/ways-to-give-2/	Accept food, clothing, item and volunteer time donations
The Living Room	Santa Rosa	https://thelivingroomsc.org/	Accepting food donations (may be open to other donations)
Random Acts of Kindness	Santa Rosa	https://socoactsofkindness.org/events-volunteering	Accepting food, clothing, item and volunteer time as donations
Redwood Empire Food Bank	Multiple Locations	https://refb.org/	Accepts volunteering and food donations
Redwood Gospel Mission	Santa Rosa	https://www.rgm.org/donate/	Accepts open bulk food at downtown location, clothing, items, volunteer